

MEDICATION RECORD

It's a good idea to keep a list of all the medicines you take. Use this chart and include both prescription and over-the-counter (OTC) drugs like Tylenol, aspirin and vitamins. Keep the chart current by erasing or crossing out the ones you no longer take. Be sure to mark any changes in the amount you take and the times of day you take it.

Medication Record for: _____

[illegible]